

February

Amazing Births & Beyond

- Breastfeeding 101 2/7 6:30PM
- HypnoBirthing Info Zoom 2/7 7PM
- Infant Massage Workshop 2/11 2:30PM
- Postpartum Mama Care 2/15 6:30PM
- Welcome Home Baby 2/17 3:30PM
- Spinning Babies 2/19 1PM
- Meet The Doula 2/21 7PM
- Breastfeeding 101 Zoom 2/21 6:30PM
- Infant CPR 2/22 6:30PM
- New Parent Partner 2/24 12PM
- Empowered Communication for Parents 2/28 6:30PM
- Doula Services Info Zoom 2/28 7PM

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 HBCE Training	2 HBCE Training	3 HypnoBirthing - Class 4 10A-12:30P HBCE Training
4 HypnoBirthing Class 5 10AM-12:30PM HBCE Training	5	6 HypnoBirthing Class 4 7PM-9:30PM	7 HypnoBirthing Info Zoom 7-8PM Breastfeeding 101 6:30-9PM	8	9	10 HypnoBirthing - Class 5 10A-12:30P
11 Infant Massage Workshop 2:30-4PM	12	13 HypnoBirthing Class 5 7PM-9:30PM	14	15 Postpartum Mama Care 6:30-9:30PM ZOOM	16	17 Welcome Home Baby 3:30-6:30PM
18 HypnoBirthing Class 1 10AM-12:30PM HypnoBirthing Class 1 1:30PM-4PM ZOOM	19 Spinning Babies Class 1PM-3PM	20 HypnoBirthing Class 1 7PM-9:30PM	21 Meet The Doula 7-9PM Breastfeeding 101 Zoom 6:30-9PM	22 Infant CPR 6:30-8PM	23	24 HypnoBirthing - Class 1 10A-12:30P New Parent Partner 12-2PM ZOOM Dancing For Birth Date Night 6-7:30PM
25 HypnoBirthing Class 2 10AM-12:30PM HypnoBirthing Class 2 1:30PM-4PM ZOOM	26	27 HypnoBirthing Class 2 7PM-9:30PM	28 Doula Info Zoom 7-8PM Empowered Communication for Parenthood 8-9:30PM Zoom	29		



March

03 / 2024

Amazing Births & Beyond

• Spinning Babies Class 3/6 1PM
• Traditional Childbirth 3/7-3/21 7PM
• Breastfeeding 101 3/13 6:30PM
• HypnoBirthing Info Zoom 3/13 7PM
• Pelvic Floor Workshop 3/16 3:30PM
• Meet The Doula 3/20 7PM
• Welcome Home Baby 3/23 3:30PM
• Gentle Cesarean Prep 7-9PM Zoom
• Doula Info Zoom 3/27
• Empowered Communication 3/27 6:30PM
• Infant CPR 3/28 6:30PM

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1	2 HypnoBirthing - Class 2 10A-12:30P
3 HypnoBirthing Class 3 10AM-12:30PM HypnoBirthing Class 3 1:30PM-4PM ZOOM	4	5 HypnoBirthing Class 3 7PM-9:30PM	6 Spinning Babies Class 1PM-3PM	7 Traditional Childbirth Series Class 1 - 7-9PM	8	9 HypnoBirthing - Class 3 10A-12:30P
10 HypnoBirthing Class 4 10AM-12:30PM HypnoBirthing Class 4 1:30PM-4PM ZOOM	11	12 HypnoBirthing Class 4 7PM-9:30PM	13 HypnoBirthing Info Zoom 7-8PM Breastfeeding 101 6:30-8:30PM	14 Traditional Childbirth Series Class 2 - 7-9PM	15	16 HypnoBirthing - Class 4 10A-12:30P Pelvic Floor Workshop 3:30-6:30PM
17 HypnoBirthing Class 5 10AM-12:30PM HypnoBirthing Class 5 10AM-12:30PM	18	19 HypnoBirthing Class 5 7PM-9:30PM	20 Meet The Doula 7-9PM	21 Traditional Childbirth Series Class 3 - 7-9PM	22	23 HypnoBirthing - Class 5 10A-12:30P Welcome Home Baby 3:30-6:30PM
24	25 Gentle Cesarean Prep 7-9PM ZOOM	26	27 Doula Info Zoom 7-8PM Empowered Communication for Parenthood 6:30-8:30PM	28 Infant CPR 6:30-8PM	29	30
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