

May



- Traditional Childbirth Class Series
5/2-5/16 7-9PM
- 5/7 Spinning Babies Parents Class
- 5/15 Breastfeeding 101
- 5/15 Virtual Info Session -
HypnoBirthing
- 5/18 Pelvic Floor Workshop
- 5/20 Gentle Cesaren Prep
- 5/22 Meet The Doula
- 5/25 Welcome Home Baby
- 5/29 Virtual Info Session - Doula
Services
- 5/30 Infant CPR
- 5/31 Spinning Babies

Amazing Births & Beyond

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1	2 Traditional Childbirth Series Class 1 - 7-9PM HypnoBirthing Class 3 7PM-9:30PM ZOOM	3	4 HypnoBirthing - Class 5 10A-12:30P
5 HypnoBirthing Class 5 10AM-12:30PM ZOOM HypnoBirthing Class 4 1:30PM-4PM	6	7 Spinning Babies 6:30-8PM	8	9 Traditional Childbirth Series Class 2 - 7-9PM HypnoBirthing Class 4 7PM-9:30PM ZOOM	10	11
12 HypnoBirthing Class 5 1:30PM-4PM	13	14 HypnoBirthing Class 1 7PM-9:30PM	15 Breastfeeding 101 6:30- 8:30PM HypnoBirthing Info Session Zoom 7-8PM	16 Traditional Childbirth Series Class 3 - 7-9PM HypnoBirthing Class 5 7PM-9:30PM ZOOM	17	18 Pelvic Floor Workshop 3:30-6:30PM
19	20 Gentle Cesarean Prep 7-9PM ZOOM	21 HypnoBirthing Class 2 7PM-9:30PM	22 Meet The Doula 7-9PM	23	24	25 Welcome Home Baby 3:30-6:30PM
26	27	28 HypnoBirthing Class 3 7PM-9:30PM	29 Doula Services Info Session Zoom 7-8PM Empowered Communication for Parenthood 8:00-9:30PM Zoom	30 Infant CPR 6:30-8PM	31 Spinning Babies 1-3:30PM	

June



◦ 6/12 HypnoBirthing Info Session
• 6/12 Breastfeeding 101
• 6/18 Spinning Babies
• 6/19 Meet The Doula
• 6/20 Postpartum Mama Care
• 6/22 New Parent Partner Class
• 6/23 Infant Massage Workshop
• 6/26 Empowered Communication
• 6/26 Doula Services Info Session
• 6/27 Infant CPR
• 6/29 Welcome Home Baby

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1 HypnoBirthing - Class 1 10A-12:30P
2 HypnoBirthing Class 1 10AM-12:30PM ZOOM HypnoBirthing Class 1 1:30PM-4PM	3	4 HypnoBirthing Class 4 7PM-9:30PM	5	6 HBCE Training 9A-5P	7 HBCE Training 9A-5P	8 HypnoBirthing - Class 2 10A-12:30P HBCE Training 9A-5P
9 HypnoBirthing Class 2 10AM-12:30PM ZOOM HypnoBirthing Class 2 1:30PM-4PM HBCE Training 9A-5P	10	11 HypnoBirthing Class 5 7PM-9:30PM	12 Breastfeeding 101 6:30-8:30PM HypnoBirthing Info Session Zoom 7-8PM	13	14	15 HypnoBirthing - Class 3 10A-12:30P \\
16 HypnoBirthing Class 3 10AM-12:30PM ZOOM HypnoBirthing Class 3 1:30PM-4PM	17	18 Spinning Babies Class 6:30-9PM	19 Meet The Doula 7-9PM	20 Postpartum Mama Care 6:30-9:30PM ZOOM	21	22 HypnoBirthing - Class 4 10A-12:30P New Parent Partner 12-2PM ZOOM
23 HypnoBirthing Class 4 10AM-12:30PM ZOOM HypnoBirthing Class 4 1:30PM-4PM Infant Massage Workshop 2:30-4PM	24	25 HypnoBirthing Class 1 7PM-9:30PM	26 Empowered Communication for Parenthood 8:00-9:30PM Zoom Doula Services Info Session Zoom 7-8PM	27 Infant CPR 6:30-8PM	28	29 HypnoBirthing - Class 5 10A-12:30P Welcome Home Baby 3:30-6:30PM
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