

Custom Package Options

Please indicate which offerings you'd like to include in your custom package, and we will reach out via email with quote for pricing of your package, including discount!

Doula Service

- ☐ Birth Doula
- ☐ Postpartum Doula: _____ Hours

Classes

- | | |
|--|--|
| <input type="radio"/> HypnoBirthing | <input type="radio"/> Postpartum Mama Care |
| <input type="radio"/> Traditional Childbirth | <input type="radio"/> Postpartum Partner |
| <input type="radio"/> Breastfeeding 101 | <input type="radio"/> Infant Care for |
| <input type="radio"/> Gentle Cesarean Prep | Grandparents |
| <input type="radio"/> Welcome Home Baby | |
| <input type="radio"/> Infant CPR | |

Workshops

- | | |
|--|---|
| <input type="radio"/> Spinning Babies | <input type="radio"/> Dancing For Birth |
| <input type="radio"/> Infant Massage | <input type="radio"/> Pelvic Floor |
| <input type="radio"/> Welcome to Pregnancy | |

Private Enrollments

- | | |
|---|---|
| <input type="radio"/> Lactation Consult | <input type="radio"/> Private Infant Care Class |
| + Home or Office | <input type="radio"/> Private Breastfeeding |
| <input type="radio"/> Private Traditional | 101 |
| Childbirth | <input type="radio"/> Hypnosis Fear Release |

Fitness Classes:

Fit For Birth, Prenatal Yoga, Postpartum Corrective Exercise weekly classes offered. How many fitness classes you'd like to have included in your package? _____

Massage:

We offer 60 Minute and 90 Minute Massages, along with Induction Massage.
How many massages and of which duration you'd like to include in your package?

Chiropractic:

Are you looking to have chiropractic treatments in your package? _____
How many visits? _____